

August 2011

Just to be is a blessing... - Abraham Joshua Heschel

International Conference:

This year's International Conference is finally here! Please cheer on the representatives from Wisconsin as they travel to Orlando, Florida to compete with Pai Lum schools from around the globe. There is also training, testing, and seminars galore!

Asian Fest Demonstration:

We have been requested to perform twice during Saturday afternoon, August 27nd at Asian Fest being held between 35 street to 38 street on National Avenue. There will be demo rehearsals earlier that Saturday morning at the school. The demonstration will be immediately follow.

Contact Class

Every other Sunday for the month of August, we will be trying out a new class – Contact Class. This class is for students who are interested in stepping up their conditioning as well as giving an opportunity to try their techniques in a more realistic fashion. If you don't mind a few bumps and bruises here and there, this is the class for you!

Seminar – Drunken Monk

Just a heads up to those who are interested in the infamous Drunken Boxing (as seen in Jackie Chan's celebrated movie, "The Legend of Drunken Master")...we will be teaching a few basic techniques as well as the Drunken Monk form. Unusual movements, postures, and stepping patterns are all found in this fun form! Sign up early, we will be offering this seminar on September 24.

Testing:

Testing will be Saturday, August 20 at 11:00 AM, the Awards Ceremony is at 12:30 PM .

Monthly Dues:

Please make your payments prior to the 5th of the month to avoid late fees.

Pai Lum Tao Training Formulas

36. Control the balance of your opponent and you can win any fight
37. Pai Lum Tao utilizes economy of motion.
38. Technique Effectiveness comes from Explosiveness and Deception
39. Make the breath be in unison with the movements of the body.
40. Chi follows intention.

Visit our honest website: www.risingdragonmartialarts.com

Rising Dragon Martial Arts, llc
3429 W. Greenfield Ave.
Milwaukee, WI 53215
414 383 7727
www.risingdragonmartialarts.com

August

2011

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1

5:30 Little Dragons
6:30 Junior Dragons

2

6:00 Kung Fu & Kenpo
7:30 Instructors

3

5:30 Little Dragons
6:30 Junior Dragons
7:00 Tai Chi Class

4

6:00 Demo Fist sets
7:00 Kung Fu & Kenpo

5

9:00 Tai Chi Class
10:00 All Ages Kung Fu
11:00 Sparring

6

7

2:00 Contact Class

8

5:30 Little Dragons
6:30 Junior Dragons

9

6:00 Kung Fu & Kenpo
7:30 Instructors

10

5:30 Little Dragons
6:30 Junior Dragons
7:00 Tai Chi Class

11

6:00 Demo Weapons
7:00 Kung Fu & Kenpo

12

9:00 Tai Chi Class
10:00 All Ages Kung Fu
11:00 Sparring

13

14

15

5:30 Little Dragons
6:30 Junior Dragons

16

6:00 Kung Fu & Kenpo
7:30 Instructors

17

5:30 Little Dragons
6:30 Junior Dragons
7:00 Tai Chi Class

18

6:00 Demo Sparring
Snake Fist Sets
7:00 Kung Fu & Kenpo

19

9:00 Tai Chi Class
10:00 All Ages Kung Fu
11:00 Rank Testing
12:30 Awards
Ceremony

20

21

2:00 Contact Class

22

5:30 Little Dragons
6:30 Junior Dragons

23

6:00 Kung Fu & Kenpo
7:30 Instructors

24

5:30 Little Dragons
6:30 Junior Dragons
7:00 Tai Chi Class

25

6:00 Demo Rehearsal
Leopard Fist Sets
7:00 Kung Fu & Kenpo

26

10:00 Demo Rehearsal
12:00 Asian Fest
Demonstration

27

28

29

5:30 Little Dragons
6:30 Junior Dragons

30

6:00 Kung Fu & Kenpo
7:30 Instructors
8:30 Business Meeting

31

5:30 Little Dragons
6:30 Junior Dragons
7:00 Tai Chi Class